



Family Resource Center

NewDawnFRCinfo@gmail.com

# GO BAGS

## PROVIDING BASIC ESSENTIALS!

### HOW CAN THIS HELP?

Domestic violence is a pattern of behavior an abuser uses to gain power and control over their intimate partner. The pattern is cyclical, a "rollercoaster ride" of abusive behavior interspersed with non-abusive behavior.

Abuse is unpredictable and those that live with this daily situation have no control of any aspect of it. The opportunity to leave may present itself at any moment and a victim may find themselves with nothing but the clothes on their backs. New Dawn Family Resource Center has partnered with *SUNY's Got Your Back* program to provide these basic essentials.

### GO BAG CONTENTS

- Toiletries
- Pen/Notebook
- Resource List
- Self Care Items

## YOU CAN HELP TODAY!

*We've got your back!*

Unlike the communities that lie south of I287, the towns of northern Westchester do not have easily accessible services for victims.

This fact can result in local organizations being the first point of contact for a victim of abuse.

To assist with this situation New Dawn Family Resource Center will provide your organization with free "Go Bags" to help you provide immediate essentials and information to victims fleeing for safety.

## SIGN UP

If your organization would like to help victims of domestic abuse and receive "Go Bags" please fill out our *google form* and we'll take care of the rest.

GO BAG FORM

<https://forms.gle/u4AyYPFbui7rHjj69>