

PEER SUPPORT GROUP

A SUPPORTIVE SPACE FOR THOSE
STARTING THEIR JOURNEY TO
RECOVERY FROM DOMESTIC
VIOLENCE. ITS IMPORTANT TO KNOW
YOU ARE NOT ALONE.

Tuesdays: 6:30-8:00PM

Trauma informed yoga... continuing our paths
toward healing

available from 6:30 - 7:30PM

at New Dawn Family Resource Center
located in Northern Westchester
(bring yoga mat or use one of ours)

February 25

March 10, & 24

FOR MORE INFORMATION

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